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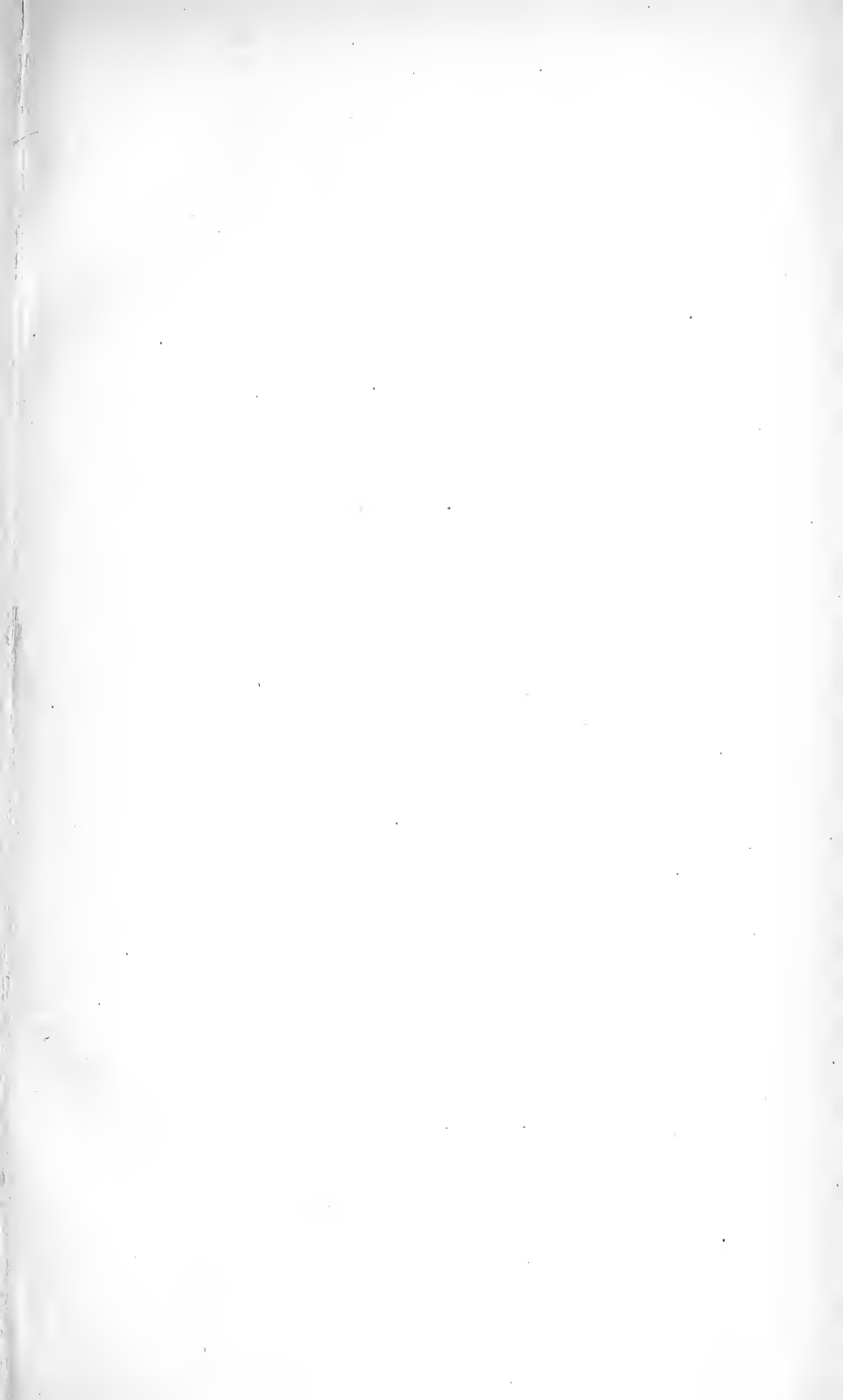
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EIGHTEENTH ANNUAL REPORT

OF THE

WORCESTER INSANE ASYLUM

AT

WORCESTER,

FOR THE

YEAR ENDING SEPTEMBER 30, 1895.

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BOSTON :

WRIGHT & POTTER PRINTING CO., STATE PRINTERS,

18 POST OFFICE SQUARE.

1896.





## OFFICERS OF THE ASYLUM.

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### TRUSTEES.

FRANCIS C. LOWELL,	.	.	.	.	.	.	BOSTON.
SARAH E. WHITIN,	.	.	.	.	.	.	WHITINSVILLE.
FRANCES M. LINCOLN,	.	.	.	.	.	.	WORCESTER.
A. GEORGE BULLOCK,	.	.	.	.	.	.	WORCESTER.
THOMAS H. GAGE,	.	.	.	.	.	.	WORCESTER.
HENRY S. NOURSE,	.	.	.	.	.	.	LANCASTER.
ROCKWOOD HOAR,	.	.	.	.	.	.	WORCESTER.

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### RESIDENT OFFICERS.

ERNEST V. SCRIBNER, M.D.,	.	.	.	.	<i>Superintendent.</i>
HARTSTEIN W. PAGE, M.D.,	.	.	.	.	<i>Assistant Physician.</i>
ABBIE S. FAY,	.	.	.	.	<i>Matron.</i>

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### NON-RESIDENT OFFICERS.

ALBERT WOOD,	.	.	.	.	.	<i>Treasurer.</i>
GEORGE L. CLARK,	.	.	.	.	.	<i>Auditor.</i>
MARIAN D. CUDWORTH,	.	.	.	.	.	<i>Clerk.</i>
FREDERICK H. BAKER, M.D.,	.	.	.	.	.	<i>Pathologist.</i>
WILLIAM SHERMAN,	.	.	.	.	.	<i>Engineer.</i>



# Commonwealth of Massachusetts.

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## TRUSTEES' REPORT.

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*To His Excellency the Governor and the Honorable Council.*

The trustees of the Worcester Lunatic Hospital, having the care of the Worcester Insane Asylum, present their report for the year ending Sept. 30, 1895, being the eighteenth annual report of the institution. With it they transmit the report of the superintendent, which contains full tables of statistics. The treasurer's report, which, in the temporary absence of the treasurer, Dr. Albert Wood, is signed by the superintendent as acting treasurer, is also submitted.

The condition of the asylum is satisfactory and its finances are in good condition.

The improvements which for many years past have been made by Doctors Quinby and Scribner in the wards of the hospital, transforming them into cheerful quarters with the best modern appliances for the care of the insane, during the past year have been extended to that part of the building used for administrative purposes. Here little change had been made for more than a generation, and considerable changes were needed and have been carried out. These alterations have a double advantage; they provide suitable accommodations for the superintendent and his subordinates, the tools to which good workmen are entitled, and they please and relieve the feelings of many of those who visit our unfortunate inmates. The old reception room was dull and forbidding. The reception room as now arranged is bright and cheerful and suitably furnished. Extensive changes in the north Johonnot have also been undertaken, and will be pressed as rapidly as convenient.

No changes have taken place in the staff of the hospital, and Dr. Scribner and his subordinates have shown the same intelligent devotion to those committed to their care that they have manifested in past years.

FRANCIS C. LOWELL.  
SARAH E. WHITIN.  
FRANCES M. LINCOLN.  
A. GEORGE BULLOCK.  
THOMAS H. GAGE.  
HENRY S. NOURSE.  
ROCKWOOD HOAR.

WORCESTER, Oct. 1, 1895.

## OFFICERS AND THEIR SALARIES.

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ERNEST V. SCRIBNER, M.D., <i>Superintendent</i> ,	. . . . .	\$2,500 00
HARTSTEIN W. PAGE, M.D., <i>Assistant Physician</i> ,	. . . . .	1,300 00
FREDERICK H. BAKER, M.D., <i>Pathologist</i> ,	. . . . .	100 00
ABBIE S. FAY, <i>Matron</i> ,	. . . . .	400 00
ALBERT WOOD, <i>Treasurer</i> ,	. . . . .	400 00
GEORGE L. CLARK, <i>Auditor</i> ,	. . . . .	50 00
MARIAN D. CUDWORTH, <i>Clerk</i> ,	. . . . .	480 00
WILLIAM SHERMAN, <i>Engineer</i> ,	. . . . .	1,000 00

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## VALUE OF STOCK AND SUPPLIES.

Oct. 1, 1895.

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Live stock,	. . . . .	\$200 00
Produce of the garden on hand,	. . . . .	1,800 00
Carriages and agricultural implements,	. . . . .	650 00
Machinery and mechanical fixtures,	. . . . .	9,000 00
Beds and bedding in inmates' department,	. . . . .	9,500 00
Other furniture in inmates' department,	. . . . .	3,500 00
Personal property of State in superintendent's department,	. . . . .	9,500 00
Ready-made clothing,	. . . . .	1,900 00
Dry goods,	. . . . .	1,000 00
Provisions and groceries,	. . . . .	2,043 91
Drugs and medicines,	. . . . .	425 00
Fuel,	. . . . .	3,800 00
Library,	. . . . .	500 00
Other supplies undistributed,	. . . . .	1,635 66

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\$45,454 57

## TREASURER'S REPORT.

*To the Trustees of the Worcester Lunatic Hospital, acting for the Worcester Insane Asylum.*

I herewith submit the eighteenth annual report on the finances of the Worcester Insane Asylum for the year ending Sept. 30, 1895.

### RECEIPTS.

Cash on hand Sept. 30, 1894:—		
Cash belonging to the asylum, . . . . .	\$7,071 59	
Deposits of inmates, . . . . .	1,195 93	
	<hr/>	\$8,267 52
Amounts received:—		
From the Commonwealth for support of patients, . . . . .	\$22,771 73	
From cities and towns for support of patients, . . . . .	55,735 34	
From other sources, . . . . .	870 15	
From inmates, . . . . .	44 67	
	<hr/>	79,421 89
		<hr/>
		\$87,689 41
		<hr/>

The expenditures for the year have been as follows:—

Salaries and wages, . . . . .	\$23,284 14	
Provisions and supplies:—		
Meat of all kinds, . . . . .	\$3,304 92	
Fish of all kinds, . . . . .	783 32	
Fruit and vegetables, . . . . .	2,284 78	
Flour, . . . . .	2,928 27	
Meal for table, . . . . .	62 30	
Hay and grain, . . . . .	325 15	
Tea and coffee, . . . . .	588 50	
Sugar and molasses, . . . . .	985 38	
Milk, butter and cheese, . . . . .	6,459 92	
Salt and other groceries, . . . . .	395 18	
All other provisions, . . . . .	2,051 86	
	<hr/>	20,169 58
Clothing and material, . . . . .	\$4,763 50	
Fuel, . . . . .	4,642 37	
Lights, . . . . .	1,065 91	
	<hr/>	
Amounts carried forward, . . . . .	\$10,471 78	\$43,453 72

<i>Amounts brought forward,</i>	.	.	.	.	\$10,471 78	\$43,453 72
Medicine and medical supplies,	.	.	.	.	376 69	
Furniture and furnishings,	.	.	.	.	1,806 93	
Crockery,	.	.	.	.	159 57	
Beds and bedding,	.	.	.	.	734 43	
Transportation,	.	.	.	.	216 96	
Travelling,	.	.	.	.	108 22	
Trustees' expenses,	.	.	.	.	15 02	
Soap,	.	.	.	.	709 62	
Water,	.	.	.	.	404 84	
Stationery,	.	.	.	.	160 46	
Undertaking,	.	.	.	.	455 00	
Repairs (ordinary),	.	.	.	.	9,896 03	
All other current expenses,	.	.	.	.	1,504 97	
						27,020 52
Total current expenses,	.	.	.	.		\$70,474 24
Repairs and improvements (extraordinary),	.	.	.	.	\$5,500 00	
Refunded inmates (on deposit),	.	.	.	.	52 71	
						5,552 71
Total amount expended,	.	.	.	.		\$76,026 95
Cash on hand Sept. 30, 1895,	.	.	.	.		11,662 46
						\$87,689 41
RESOURCES.						
Cash on hand,	.	.	.	.	\$11,662 46	
Due from Commonwealth for support,	.	.	.	.	5,316 61	
from cities and towns,	.	.	.	.	14,114 25	
						\$31,093 32
LIABILITIES.						
Due for supplies and expenses,	.	.	.	.	\$3,966 69	
for salaries and wages,	.	.	.	.	1,937 73	
inmates (cash on deposit),	.	.	.	.	1,187 39	
						7,091 81
Total surplus,	.	.	.	.		\$24,001 51

Respectfully submitted,

E. V. SCRIBNER,

*Acting Treasurer.*

WORCESTER, MASS., Oct. 1, 1895.

WORCESTER, MASS., Oct. 25, 1895.

The undersigned has this day carefully compared the treasurer's statement of expenditures for the year ending Sept. 30, 1895, with the vouchers which are on file at the asylum, and finds it to be correct. He has also compared the amount of bills rendered for board of patients with the estimated earnings of the institution for one year, and finds them to agree.

GEO. L. CLARK,

*Auditor of Accounts.*

## SUPERINTENDENT'S REPORT.

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*To the Trustees of the Worcester Lunatic Hospital, acting for the Worcester Insane Asylum.*

Allow me to submit for your consideration the eighteenth annual report of the superintendent of the Worcester Insane Asylum.

The present official year begun with 463 persons inmates of this institution, — 234 males and 229 females. There have been 41 persons admitted, — 20 males and 21 females, — making a grand total of 504 cases, — 254 males and 250 females. There have been discharged 1 female recovered, 2 females much improved, 4 males and 1 female improved, 2 males not improved, 1 male not insane, and 22 males and 24 females have died; leaving in the institution Sept. 30, 1895, 447 persons, — 225 males and 222 females. Of those admitted, 20 males and 10 females came from the Worcester Lunatic Hospital, 10 females from Taunton and 1 female was returned from boarding out. Of those discharged, 5 were removed by the Board of Lunacy and Charity, 3 went home with relatives or friends and 3 escaped. I am pleased to report that no person has been removed for the purpose of commitment to an almshouse.

Among the probable causes of insanity in those admitted heredity does not play as important a part as usual, but intemperance still stands high on the list. The character of the admissions has not changed particularly, so far as the mental aspect of disease is concerned, from that of last year, save, perhaps, that there is a greater tendency towards dementia, — a dementia usually secondary, however, to some other and acute form of mental disease. It seems to be true that, in those cases of chronic insanity derived from the cities, — too often the direct product of misery, want and crime, — the tendency towards dementia is steadily growing greater. This is doubtless an incident, though not of necessity a product, of a higher civilization, due to dissipation and an artificial life of



excitement. The cities, too, receive and retain more largely that unstable element whose emigration is encouraged by foreign governments. General paralysis, an acknowledged product of the towns, is no longer invariably attended by those expansive delusions which were formerly so characteristic of that disease. While those delusions, possibly, still manifest themselves in the majority of cases, there is a greater tendency toward a rapid decay of the mental faculties, inducing a condition of dementia.

One case of recovery is reported. The type of disease in the persons transferred here has always been such as to render the number of recoveries few. This patient was a woman. She was discharged to the care of her friends, and when she left the institution seemed perfectly sane. Her disease was of some duration, and of course the possibility of a relapse is greater for that fact. Should her stay outside a hospital be even for a limited time, there is still cause for congratulation.

The daily average number of inmates has been 460.68, — the largest in the history of the asylum. Notwithstanding this fact, the house has been comparatively free from acute disease. There has been a marked diminution in the number of cases of those diseases of the digestive tract which are usually so prevalent during the summer months. This I attribute to improved sanitary surroundings, a more careful regulation of the diet and the more scientific treatment which it is now possible to accord to such ailments. The victims of mental disease require a more nourishing diet, and one more easily assimilated, than that usually provided for other dependent classes.

Although we speak of mental and physical disease in a general way, as distinct and separate affections, it is difficult to conceive of mental ailment as existing apart from physical change. The insane, like those afflicted with the ordinary forms of physical disease, have periods of depression, when the power of resistance is low. If the vital energy can be sustained during this period and the patient returned once more to a normal condition of bodily strength, the opportunities for a return to mental strength are greatly enhanced. In many cases of mental disease the cause is evident, in most it is obscure. When that delicate and subtle relation which exists between mind and body has been more clearly demonstrated,

the suggestion of remedial measures can be more definite. Interesting experiments, which seem to have some measure of promise, have been made by several observers in the administration of the animal extracts. It is yet too early, however, to venture any definite predictions as to the final result. The mental condition of the individual varies with the varying conditions of the blood supply of the brain. To distinguish here between cause and effect is not always easy. Too much must not be expected from pathological research alone. The significance of morbid change must be interpreted, if practical results are to be hoped for.

The death rate, as shown in the accompanying table, is a trifle larger than that of the last report, chiefly because of the poor physical condition of those transferred here during the year. Of the 41 persons admitted, 10 died,—nearly 25 per cent. This number is also nearly 22 per cent. of all the deaths. Insanity is essentially an exhausting disease, and, as might be expected in persons of low vitality, phthisis figures largely among the causes of death, 18 persons having died from this disease. General paralysis was the cause in 6 cases.

*Ratio of Deaths from the Opening of the Asylum to Oct. 1, 1895.*

OFFICIAL YEAR.	Whole Number of Patients.	Daily Average Number of Patients.	DEATHS.			Per Cent. on Whole Number of Patients treated.	Per Cent. on Daily Average Number of Patients.
			Males.	Females.	Totals.		
1877-78, . . . . .	429	382.98	18	8	26	6.05	6.78
1878-79, . . . . .	422	367.41	22	11	33	7.82	8.98
1879-80, . . . . .	413	363.15	15	8	23	5.56	6.33
1880-81, . . . . .	401	363.09	18	6	24	5.98	6.62
1881-82, . . . . .	439	375.59	21	11	32	7.28	8.51
1882-83, . . . . .	461	384.33	37	24	61	13.23	15.84
1883-84, . . . . .	438	390.69	22	20	42	9.58	10.75
1884-85, . . . . .	448	391.12	20	14	34	7.58	8.69
1885-86, . . . . .	476	400.28	23	15	38	7.98	9.49
1886-87, . . . . .	444	393.52	21	17	38	5.55	9.65
1887-88, . . . . .	451	393.95	23	14	37	8.20	9.39
1888-89, . . . . .	431	385.56	27	11	38	8.81	9.85
1889-90, . . . . .	428	330.23	27	4	31	7.24	9.38
1890-91, . . . . .	464	394.66	22	12	34	7.32	8.61
1891-92, . . . . .	499	427.82	22	15	37	7.41	8.64
1892-93, . . . . .	519	446.94	38	20	58	11.17	12.97
1893-94, . . . . .	515	442.23	22	21	43	8.35	9.72
1894-95, . . . . .	504	460.68	22	24	46	9.13	9.99

An effort has been made to find among our patients persons suitable for boarding out, but without success. In fact, one woman, a former inmate here, has been returned to the institution from her boarding place during the year. People who can be safely cared for in private families are seldom included in the transfers to this asylum, and the fact that in past years numbers of our quieter patients have already been boarded out leaves us now with poor material to choose from.

The work upon that portion of the administration building which was in process of reconstruction at the time of my last annual report has been practically completed. It only remains to finish a few unimportant details and to furnish. Bay windows have been thrown out in front, giving a greatly improved architectural effect as well as adding considerably to the floor space. The business offices and the public reception room have been rendered lighter and more commodious, and a system of ventilation has been introduced, where before no adequate provision existed. The method of heating has been changed from the direct to the indirect, enabling the removal of steam pipes and radiators from nearly all of the rooms and corridors. The new heating system was in operation during a portion of last winter, and was very satisfactory. With the fan revolving at its ordinary speed it is easy to deliver, through each register, five hundred cubic feet of air per minute, — a supply which should be ample, under all circumstances, for both heat and ventilation. At the end of the corridors leading to the wards, iron stairways have been constructed, giving a broader and easier step, and affording a safer exit in case of fire. Increased light has also been secured here by the introduction of larger windows.

In the process of reconstruction wood has not been employed in the new work as a basis of support for plaster, and its use in any way in walls and ceilings has been avoided, so far as possible. The old wooden furring on the outer walls has been removed, and terra-cotta substituted. The wooden shaft for the food lift has also been replaced in brick. Absolutely fire-proof construction, however, has not been attempted, as under the circumstances it has not seemed feasible. Believing that a construction which from its nature must be temporary is a false economy, when building for the insane, the repairs on this

institution have been so conducted that, while economy has been a special study, the work has been substantial. The recent adaptation of iron for structural purposes has rendered this easier, and has made possible results that formerly could not have been attained, save at such expense as would have been prohibitory.

In all our work it has been the aim to utilize the labor of patients as largely as possible, not only because in this way the expense could be lessened, but because of the great direct and personal benefit which the individual derives from occupation. A growing interest and responsibility in daily work have often marked the beginning of a return to reason, or at least the return to a more comfortable condition of mind, a condition where life again becomes worth living. Occupation, or even attempted occupation, discloses personal peculiarities, and enables such individual treatment as gives best results. In treating the chronic insane, results being less immediate and striking than in acute cases, routine is to be carefully avoided, or the individual loses his identity, and becomes, as it were, merely the part of a great machine. The more nearly treatment can become personal, the more nearly will it approach to the ideal and the greater measure of success will be attained.

For some years it has been evident that a change must be made in the water section of the Johonnot wards of the female side. The closet and bathing facilities are inadequate, and can be more conveniently arranged. In the corresponding male wards it has been the plan to have two water sections, and rather widely separated. Under the new arrangement it is proposed to centralize, and, while having but one section, to have greatly increased facilities. Plans with this in view having received the approval of your Board, the work is now being prosecuted as rapidly as possible.

In the laundry a new machine has been placed, specially constructed for the washing of clothing from untidy patients. It is built entirely of metal, and has a fan attachment. It is also designed to be used for such purposes of sterilization as can be accomplished with steam at atmospheric pressure. Being strictly metallic, it can be rapidly and thoroughly cleansed, and used immediately for the ordinary laundry purposes. It is proving very successful in its practical operation.

Our other washers are old, and have been many times repaired. The purchase of another machine is likely to become a matter of necessity at an early date.

Considerable out-of-door work has been done by patients in the care of the grounds, and in rendering assistance in the general work of reconstruction and repair. The roadway at the rear entrance has been covered with concrete for a short distance on either side of the door. If this material proves to be adapted to our purposes, an extension of the work is contemplated for another season. The renovation of the patients' rooms in the older wards has been continued, and the outside woodwork of the buildings has been painted. Much still remains to be accomplished in this line, as it has been very difficult, with the large number of patients of the last year, to find opportunity for such work.

It is with pleasure that I acknowledge the assistance that has been given me by the officers in the management of the affairs of the institution. Their support has been cordial and efficient. The employees as a rule have been faithful to duty.

Weekly entertainments have been held in the chapel during the winter, and Sunday service has been conducted as usual. The circus and fair have been events eagerly looked forward to and enjoyed by those of our people whose condition permitted attendance. To Mrs. C. H. Doe of Worcester we are indebted for a most generous contribution of books. Miscellaneous reading matter has been kindly furnished by the Hospital Newspaper Society, and the publishers of the "Worcester Evening Gazette" have contributed a copy of their paper.

E. V. SCRIBNER,  
*Superintendent.*



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REVISED TABLES

FOR

UNIFORM STATISTICS

IN THE

MASSACHUSETTS HOSPITALS AND ASYLUMS

FOR THE INSANE.

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APPROVED BY THE STATE BOARD OF LUNACY AND CHARITY,  
MARCH 10, 1891.

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## 1. — General Statistics of the Year.

	INSANE.			HABITUAL DRUNKARDS.			VOLUNTARY PATIENTS.			AGGREGATES.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
Patients in asylum Oct. 1, 1894, . . . . .	234	229	463	—	—	—	—	—	—	234	229	463
Admitted within the year, . . . . .	20	21	41	—	—	—	—	—	—	20	21	41
Whole number of cases within the year, . . . . .	234	250	504	—	—	—	—	—	—	234	250	504
Discharged within the year, . . . . .	29	28	57	—	—	—	—	—	—	29	28	57
Viz.: as recovered,* . . . . .	—	1	1	—	—	—	—	—	—	—	1	1
much improved,* . . . . .	—	2	2	—	—	—	—	—	—	—	2	2
improved,* . . . . .	4	1	5	—	—	—	—	—	—	4	1	5
not improved,* . . . . .	2	—	2	—	—	—	—	—	—	2	—	2
not insane, . . . . .	1	—	1	—	—	—	—	—	—	1	—	1
Deaths, . . . . .	22	24	46	—	—	—	—	—	—	22	24	46
Patients remaining Sept. 30, 1895, . . . . .	225	222	447	—	—	—	—	—	—	225	222	447
Viz.: supported as State patients, . . . . .	63	58	121	—	—	—	—	—	—	63	58	121
town patients, . . . . .	162	164	326	—	—	—	—	—	—	162	164	326
private patients, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
Number of different persons within the year, . . . . .	254	250	504	—	—	—	—	—	—	254	250	504
Persons admitted, . . . . .	20	21	41	—	—	—	—	—	—	20	21	41
Persons recovered, . . . . .	—	1	1	—	—	—	—	—	—	—	1	1
Daily average number of patients, . . . . .	230.59	230.09	460.68	—	—	—	—	—	—	230.59	230.09	460.68
Viz.: State patients, . . . . .	68.92	62.62	131.54	—	—	—	—	—	—	68.92	62.62	131.54
town patients, . . . . .	161.60	167.45	329.05	—	—	—	—	—	—	161.60	167.45	329.05

\* At the time of leaving asylum.



2. — *Monthly Admissions, Discharges and Averages.*

MONTHS.	ADMISSIONS.			DISCHARGES.			DEATHS.			DAILY AVERAGE OF PATIENTS IN THE HOUSE.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
<b>1894.</b>												
October, .	—	—	—	—	1	1	—	1	1	232.77	228.94	461.71
November, .	—	—	—	4	3	7	4	3	7	228.87	226.50	455.37
December, .	—	—	—	6	1	7	4	1	5	226.13	224.64	450.77
<b>1895.</b>												
January, .	20	11	31	2	3	5	2	3	5	230.23	226.48	456.71
February, .	—	10	10	3	2	5	3	2	5	241.25	233.50	474.75
March, .	—	—	—	5	3	8	5	3	8	236.35	238.26	474.61
April, .	—	—	—	—	1	1	—	1	1	233.20	236.80	470.00
May, .	—	—	—	3	2	5	2	2	4	233.06	234.84	467.90
June, .	—	—	—	2	2	4	—	1	1	228.53	231.50	460.03
July, .	—	—	—	2	2	4	2	1	3	226.61	228.84	455.45
August, .	—	—	—	—	5	5	—	4	4	225.13	227.06	452.19
September, .	—	—	—	2	3	5	—	2	2	225.00	223.73	448.73
Total of cases, .	20	21	41	29	28	57	22	24	46	—	—	—
Total of persons, .	20	21	41	29	28	57	22	24	46	—	—	—
Daily average, .	—	—	—	—	—	—	—	—	—	230.59	230.09	460.68

3. — *Received on First and Subsequent Admissions.*

NUMBER OF THE ADMISSION.	CASES ADMITTED.			TIMES PREVIOUSLY RECOVERED.		
	Males.	Females.	Totals.	Males.	Females.	Totals.
First, . . . . .	19	20	39	—	—	—
Second, . . . . .	1	—	1	—	—	—
Third, . . . . .	—	1	1	—	—	—
Total of cases, . . .	20	21	41	—	—	—
Total of persons, . . .	20	21	41	—	—	—

4. — *Relations to Hospitals of Persons admitted.*

HOSPITAL RELATIONS.	Males.	Females.	Totals.
Never before in any hospital for insane, . . .	—	—	—
Former inmates of this asylum only, . . .	—	—	—
Former inmates of other hospitals only, . . .	19	20	39
Former inmates of this asylum and other hospitals, . . . . .	1	1	2
Total of persons, . . . . .	20	21	41

5. — *Parentage of Persons admitted.*

PLACES OF NATIVITY.	MALES.		FEMALES.		TOTALS.	
	Father.	Mother.	Father.	Mother.	Father.	Mother.
Unknown, . . . . .	20	20	21	21	41	41
Total, . . . . .	20	20	21	21	41	41

6. — *Residence of Persons admitted.*

PLACES.	Males.	Females.	Totals.
Massachusetts : —			
Suffolk County, . . . . .	9	6	15
Worcester County, . . . . .	5	4	9
Middlesex County, . . . . .	3	4	7
Bristol County, . . . . .	—	4	4
Essex County, . . . . .	2	1	3
Plymouth County, . . . . .	—	2	2
Norfolk County, . . . . .	1	—	1
Totals, . . . . .	20	21	41
Viz.: Cities or towns,* . . . . .	16	15	31
Country districts, . . . . .	4	6	10

\* Containing not less than 10,000 inhabitants.

## 7.--- Civil Condition of Persons admitted.

NUMBER OF THE ADMISSION.	UNMARRIED.			MARRIED.			WIDOWED.			UNKNOWN.			TOTALS.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
First, . . .	10	9	19	8	10	18	1	1	2	-	-	-	19	20	39
Second, . . .	1	-	1	-	-	-	-	-	-	-	-	-	1	-	1
Third, . . .	-	1	1	-	-	-	-	-	-	-	-	-	-	1	1
Totals, . . .	11	10	21	8	10	18	1	1	2	-	-	-	20	21	41

8. — *Occupation of Persons admitted.*

MALES.		FEMALES.	
Laborers, . . . .	2	Housewives, . . . .	10
Clerks, . . . .	2	Domestics, . . . .	3
Carpenters, . . . .	2	Housekeeper, . . . .	1
Cabinet maker, . . . .	1	Card tender, . . . .	1
Shoemaker, . . . .	1	Copyist, . . . .	1
Sail maker, . . . .	1	No occupation, . . . .	5
Coachman, . . . .	1	Total, . . . .	21
Fireman, . . . .	1		
Salesman, . . . .	1		
Electroplater, . . . .	1		
Plasterer, . . . .	1		
Gardener, . . . .	1		
Florist, . . . .	1		
Unknown, . . . .	1		
No occupation, . . . .	3		
Total, . . . .	20		
		WIFE OR DAUGHTER OF —	
		Unknown, . . . .	21
		Total, . . . .	21





11. — *Ages of Insane at First Attack, Admission and Death.*

AGES.	PERSONS FIRST ADMITTED TO ANY HOSPITAL.						PERSONS DIED.					
	AT FIRST ATTACK.			WHEN ADMITTED.			AT FIRST ATTACK.			AT TIME OF DEATH.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
Congenital, . . . . .	—	—	—	—	—	—	1	—	1	—	—	—
15 years and less, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
From 15 to 20 years, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
20 to 25 years, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
25 to 30 years, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
30 to 35 years, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
35 to 40 years, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
40 to 50 years, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
50 to 60 years, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
60 to 70 years, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
70 to 80 years, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
Over 80, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
Unknown, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
Not insane, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—
Total of persons, . . . . .	—	—	—	—	—	—	22	21	46	22	24	46
Mean ages, . . . . .	—	—	—	—	—	—	38.20	36.00	37.07	50.41	52.37	51.43



12. — *Reported Duration of Disease before Last Admission.*

PREVIOUS DURATION.	FIRST ADMISSION TO ANY HOSPITAL.			ALL OTHER ADMISSIONS.			TOTALS.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
Congenital, . . .	-	-	-	2	1	3	2	1	3
Under one month, . .	-	-	-	-	-	-	-	-	-
From 1 to 3 months, .	-	-	-	-	-	-	-	-	-
3 to 6 months, .	-	-	-	-	-	-	-	-	-
6 to 12 months, .	-	-	-	1	-	1	1	-	1
1 to 2 years, . .	-	-	-	4	3	7	4	3	7
2 to 5 years, . .	-	-	-	5	7	12	5	7	12
5 to 10 years, . .	-	-	-	4	5	9	4	5	9
10 to 20 years, .	-	-	-	3	5	8	3	5	8
Over 20 years, . . .	-	-	-	1	-	1	1	-	1
Unknown, . . . .	-	-	-	-	-	-	-	-	-
Not insane, . . . .	-	-	-	-	-	-	-	-	-
Total of cases, .	-	-	-	20	21	41	20	21	41
Total of persons, .	-	-	-	20	21	41	20	21	41
Average in years, .	-	-	-	8.90	6.73	7.79	8.90	6.73	7.79

13. — *Form of Mental Disease in Cases admitted or discharged, with Condition on Discharge.*

FORM OF DISEASE.	CASES ADMITTED.			CASES DISCHARGED.												AGGREGATES.								
	Males.	Females.	Totals.	RECOVERED.			MUCH IMPROVED.			IMPROVED.			NOT IMPROVED.			NOT INSANE.			DIED.			Males.	Females.	Totals.
				Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.						
A. — Insane : —																								
Dementia, chronic,	9	15	24	—	—	—	—	—	—	4	—	4	1	—	1	—	—	—	7	3	10	12	17	29
Epileptic,	3	2	5	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	4	5	1	3	4
paralytic,	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	2	2	4	—	2	2
General paralysis,	7	7	14	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	6	6	12	4	5	9
Mania, chronic,	—	3	3	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	4	4	8	—	4	4
recurrent,	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	1	2	—	1	1
Melancholia, chronic,	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	1	2	—	1	1
Adolescent insanity,	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Congenital mental de-	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
ficiency,	1	1	2	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	1	2	1	1	1
B. — Habitual drunkards,	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
C. — Voluntary patients,	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
D. — Not insane,	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Total of cases, . . .	20	21	41	—	1	1	—	2	2	4	1	5	2	—	2	1	—	1	22	24	46	29	28	57
Total of persons, . . .	20	21	41	—	1	1	—	2	2	4	1	5	2	—	2	1	—	1	22	24	46	29	28	57

## 14. — Discharges, classified by Admission and Result.

NUMBER OF THE ADMISSION.	RECOVERED.			MUCH IMPROVED.			IMPROVED.			NOT IMPROVED.			NOT INSANE.			DIED.			TOTALS.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
First, . . . . .	1	1	1	—	2	2	4	1	5	2	—	2	1	—	1	22	23	45	29	27	56
Second, . . . . .	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	1	—	1	1
Total of cases, . . . . .	—	1	1	—	2	2	4	1	5	2	—	2	1	—	1	22	24	46	29	28	57
Total of persons, . . . . .	—	1	1	—	2	2	4	1	5	2	—	2	1	—	1	22	24	46	29	28	57

15. — *Causes of Death.*

CAUSES.	INSANE.			HABITUAL DRUNKARDS.			VOLUNTARY PATIENTS.			TOTALS.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
Nervous system : —												
Apoplexy, . . . . .	2	1	2	1	1	2	1	1	2	2	1	2
Epilepsy, . . . . .	1	1	2	1	1	2	1	1	2	1	1	2
Epileptiform convulsions,	1	—	1	1	—	1	1	—	1	1	—	1
Paralysis, . . . . .	1	—	1	1	—	1	1	—	1	1	—	1
General paralysis, . . . .	6	—	6	1	—	1	6	—	6	6	—	6
Respiratory system : —												
Phthisis, . . . . .	6	12	18	1	—	1	6	12	18	6	12	18
Phthisis and senility,	1	5	6	1	1	2	1	5	6	1	5	6
Pneumonia, . . . . .	—	1	1	1	—	1	—	1	1	—	1	1
General : —												
Heart disease, . . . . .	3	—	3	1	—	1	3	—	3	3	—	3
Bright's disease, . . . .	1	1	2	1	1	2	1	1	2	1	1	2
Erysipelas, . . . . .	—	1	1	—	1	1	—	1	1	—	1	1
Internal hemorrhage, . . .	—	1	1	—	1	1	—	1	1	—	1	1
Exhaustion of age and dementia,	—	2	2	—	—	—	—	2	2	—	2	2
Totals, . . . . .	22	24	46	1	—	1	22	24	46	22	24	46





18. — *Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths within the Official Year, and the Number of Each Year's Admissions remaining Sept. 30, 1895.*

NEW CASES (FIRST ADMISSIONS TO THIS ASYLUM).																								
YEARS ENDING SEPT. 30.				ADMITTED.			DISCHARGED AND DIED IN 1894-95.												DIED.					
				Males.	Females.	Totals.	RECOVERED.			MUCH IMPROVED.			IMPROVED.			NOT IMPROVED.								NOT INSANE.
				Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
Previous years,	.	.	.	475	400	875	-	-	-	2	-	2	1	-	1	-	-	-	-	-	-	6	4	10
1887,	.	.	.	21	24	45	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1888,	.	.	.	46	13	59	-	-	-	1	-	1	-	-	-	-	-	-	-	-	1	-	-	1
1889,	.	.	.	31	4	35	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1890,	.	.	.	32	13	45	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1891,	.	.	.	40	95	135	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	5
1892,	.	.	.	53	28	81	-	-	-	-	-	-	1	-	1	-	-	-	-	-	3	3	6	6
1893,	.	.	.	39	30	69	-	1	1	1	-	1	-	-	-	-	-	-	-	-	1	3	4	4
1894,	.	.	.	30	29	59	-	-	1	1	-	1	-	-	-	-	-	-	-	-	5	4	9	9
1895,	.	.	.	19	20	39	-	-	-	-	-	-	-	-	-	-	-	-	-	-	6	4	10	10
Totals,	.	.	.	786	656	1,442	-	1	1	2	4	1	5	2	-	2	-	-	-	-	1	22	23	45

18. — *Annual Admissions, etc. — Concluded.*

YEARS ENDING SEPT. 30.	READMITTED CASES (READMISSIONS OF PERSONS PREVIOUSLY ADMITTED TO THIS ASYLUM).												REMAINING OF EACH YEAR'S ADMISSIONS, SEPT. 30, 1895.			
	ADMITTED.			DISCHARGED AND DIED IN 1894-95.						DIED.				Males.	Females.	Totals.
	Males.	Females.	Totals.	RECOVERED.		MUCH IMPROVED.		IMPROVED.		NOT IMPROVED.						
				Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.				
Previous years, .	1	-	1	-	-	-	-	-	-	-	-	-	70	64	134	
1887, .	-	1	1	-	-	-	-	-	-	-	-	-	10	3	13	
1888, .	-	-	-	-	-	-	-	-	-	-	-	-	11	4	15	
1889, .	-	1	1	-	-	-	-	-	-	-	-	-	14	1	15	
1890, .	-	-	-	-	-	-	-	-	-	-	-	-	13	2	15	
1891, .	2	28	30	-	-	-	-	-	-	-	-	1	21	70	91	
1892, .	4	3	7	-	-	-	-	-	-	-	-	-	26	15	41	
1893, .	1	-	1	-	-	-	-	-	-	-	-	-	24	23	47	
1894, .	-	2	2	-	-	-	-	-	-	-	-	-	22	23	45	
1895, .	1	1	2	-	-	-	-	-	-	-	-	-	14	17	31	
Totals, .	9	36	45	-	-	-	-	-	-	-	-	1	225	222	447	









